

REGENCY REPORTER

Vol. 21, No. 4, APRIL 2024 - PUBLISHED MONTHLY FOR THE RESIDENTS OF REGENCY



On Bob Isaacs 80th Birthday, thanks to Cowboy Bob Jaclin we all invited to Huntington Pointe in Delray Beach for the Second Annual Regency Pickleballers in Florida Get Together. From left are: Steve Schweitzer, Larry Koslow, The Birthday Boy Bob Isaacs, Bobby Harris, Mozey Chaffari, Cowboy Bob Jaclin, and Mark Goldberg.

Photo submitted by Bobby Harris



A fun crowd at the Cocktail Club.

Photo by Barbara Winograd



Early arriving ladies at the IAG festivities on February 10. Read more on page 9.

Photo by Bharat Doshi



Read the short article about the Monroe Dance Group on page 3. The picture on the left is "Metamorphosis into Butterfly," performed by Li (on left) and Lucy. On the right is the Group Dance "Yuguangqu," performed by, from left: Kathy, Jay, and Li.

Photo by Steve Zhang



A Living-Root Bridge in Meghalaya, India. Read more about this incredible bridge in India on page 18.

Photo by Bharat Doshi



Unleashing the artist within us at the Singles Paint 'n Sip.

Photo by Lillian Feldman, submitted by Barbara Winograd



Regency in the House at Member Guest Day in Wycliffe Golf and Country Club, Wellington, FL.

Photo submitted by Cheryl Hand

Fruits of Our Lives

(Not the Pits)

By Christiana Barone

Achievements

Mario and Christiana Barone are proud to announce their grandson, **Vincent Joseph Barone** earned the rank of Eagle Scout as one of the youngest at the age of 15. He joins his uncle Mario Barone III, his father Dean Barone, his cousin Mario Barone IV, and his older brother Nicolas. It is very rare to have five members in one family earning the rank of Eagle Scout.

A Note to All Newcomers to Our Community

If there are any new additions

Condolences

The Editorial Board of the *Regency Reporter* and the entire Regency community send sincere condolences to Steve Brody and Family and to Terry Spilkin and Family on the passing of Steve's mother and Terry's sister Feige Brody, and to the Families of Sydney and Micheal Cohen on the loss of their beloved wife and mother and our dear friend and neighbor Esther Cohen. We also send sincere condolences to Lou Flumen and Family on passing of his beloved brother Rabbi Moshe Flumenbaum and to Ron Miller and Family on the recent loss of his beloved wife and our dear friend and neighbor Carole.



to your family, an engagement/marriage of your son/daughter, yourself, or if someone close to you has joined the military defending our country and last but not least has received a special award, please let us know. All you have to do is drop a note of the forthcoming event in the mailbox of Christiana Barone, 8 Country Club Drive or e-mail me at cbarone@aol.com with a reference in the subject box "Regency News" by the first of the month and magically it will appear in our community publication. If you choose to e-mail me, please indicate Regency News in the subject area. That's all folks. See you next month with the Fruits of our Lives, (not the pits).

Board of Ed Election

The 2024 Monroe Township School Board Election will take place on April 16, 2024.

HOA Events

- Summer Concert Series:**
- Saturday, June 8 - One Hit Wonderers...Take Two
 - Saturday, July 6 - Rod Stewart Tribute Show
 - Saturday, July 20 - Bachelors of Broadway
 - Saturday, August 17 - Eagle-Maina, Eagles Tribute Show
 - Saturday, September 7 - James Taylor, Carly Simon, Carole King Tribute Show
 - Saturday, October 5 - Top of the World, The Carpenters Tribute
 - Saturday, December 7 - Tina Turner Tribute Show



Sinatra Coffeehouse: Performed by Jesse Posa, Ol' Blue Eyes was in the House!

Photo by Steve Wandy

Coffeehouse Experiences:

- Sunday, April 7 - Rock N' Rolling — Nick Blum Pianist
- Sunday, June 9 - John Pizzi VentriLaquist
- Sunday, July 14
- Sunday, August 25
- Sunday, September 15
- Sunday, October 27
- Sunday, November 17

Dinner Theme Events (all-inclusive):

- Sunday, May 5 - Cinco De Mayo
- Friday, June 14 - Caribbean Carnival Dinner
- Wonka World or Pirates N' Princess Grandparent Day - August
- Regency Hoedown - October
- Sip, Soup, and Savor - December 2024

Other Events:

- Friday, September 13 - Trivia Night
- Saturday, September 21 - International Day
- Glow Party - Dancing Through the Decades
- Drive-In Movie Night
- Chili Cook-off

Public Board Meeting Schedule

All Public Meetings will be hybrid in the Clubhouse Ballroom, when possible, and/or via Zoom at 6:30 p.m. on the **SECOND Wednesday of the month**

- February through May - via Zoom*
- Wednesday, April 10, 2024**
- Wednesday, May 8, 2024**
- June - Board Elections**
- July through December - Clubhouse and Zoom*
- Wednesday, July 10, 2024**
- Wednesday, August 14, 2024**
- Wednesday, September 11, '24**
- Wednesday, October 9, 2024**
- BUDGET PRESENTATION**
- Wednesday, November 13, '24**
- Budget Presentation if not previously approved in October.**
- December 2024**
- Wishing everyone a joyful holiday season and Happy New Year**

A Note from Your Board of Trustees

By Alton Kinsey

Welcome to spring. Although we had four snowstorms, it was a relatively mild winter. The Board would like to thank the Management team and our snow removal contractor for doing an excellent job. Since the Clubhouse Renovation project began in February, a lot has been done in the ballroom, lobby, and pre-function area. All the carpeting in the ballroom and pre-function area has been removed. The wallpaper on the ballroom walls and on the folding doors, which separate the three ballrooms have been stripped and prepped for new wallpaper. All chandeliers, wall sconces, and stage track lighting have been removed. Existing ceiling vents are being cleaned, painted, and reused. A lot of the electrical work has been completed and new dry wall installed. In the lobby, the front desk, counter, and floor tiles were removed and will be replaced. To reduce ambient light during community events, motorized blinds will be installed in the ballroom rear doors. In addition, recessed lighting over the two ballroom bars will be replaced with pendant lights.

During the first full week of March, the entire ballroom was closed off for the preparation and spraying of an acoustic damping treatment into the ceiling coffers. Plastic and Zipper walls were put in place to protect dust from entering the lower level and the stage area. The Clubhouse update committee met with the Design Team to discuss artwork and accessories. Alison Tave and Faye Katz, who are integral to the team, added a great deal of insight to this aspect of the project.

Despite not having access to the Clubhouse upper levels, our dedicated Lifestyle Team has maintained a consistent number of activities in the community. As the spring season and the weather cooperates, a number of outside activities will start, as well as golf, tennis, bocce, and shuffleboard.

The expansion of the pickleball courts was on temporary winter hiatus. Now that the weather is warming, construction should restart around the beginning of April. Weather permitting, installation of the perimeter fencing will commence. When the temperature remains consistent, the courts will have the playing lines drawn and sealed. The final phase will be the testing and certification of the lighting system.

As you may recall, Regency entered the Title 39 program last year to improve traffic safety. Title 39 allows Monroe Township police to patrol our streets and to issue a summons when a violation occurs. We hope that the increased visibility and frequency of these patrols will remind residents to follow speed limits, obey traffic signs, and to walk on the sidewalk. In addition, we hope that the increased patrols will alert non-residents that the community is under increased surveillance. Here are some of the traffic ordinances that you should know:

- Under N.J.S.A. § 39:4-144, a driver approaching an intersection marked with a stop sign must bring his or



her vehicle to a complete stop within FIVE feet of the nearest crosswalk or stop line. Therefore, slowing down or almost stopping at a stop sign is not sufficient.

- If sidewalks are available, it is illegal for a pedestrian to walk in the roadway or on bicycle paths or lanes. If no sidewalk is present, pedestrians may walk along the left side of the roadway or on the road's shoulder facing opposite traffic if sidewalks are not present. (NJSA 39:4-34).
- Pursuant to N.J.S.A. 39:4-138.6, the permissible distance a person may park a motor vehicle from a "stop" sign is twenty-five (25) feet except when the intersection is located in a school zone, in which case the mandated parking distance is fifty (50) feet, pursuant to N.J.S.A.

Every five years our pools must be tested by a licensed electrician to ensure that all metal parts are properly bonded and grounded. This includes the indoor and outdoor pools and the spas. During the latter days of February and the beginning of March, the indoor pool was closed for maintenance. During the testing, one of the indoor pool handrail sockets came back with a questionable reading. The pool had to be drained for the issue to be addressed. While the pool was drained, our maintenance crew inspected the tile work and acid washed the pool surface. Here is a fun fact: It takes three days to fill the pool with 55,000 gallons of water and two days to warm the water.

Our bylaws were updated to set the HOA Board of Trustees term limits. Board members now serve for three years and can only be on the Board for two consecutive terms. In June, the HOA will be holding the annual election for two open positions on the HOA Board of Trustees. A notice will be sent out calling for candidates by April 15. Anyone interest in running is invited to attend a "Do you want to be a Board Member?" presentation; date to be announced.

The Board sends warm wishes to everyone as we enter the spring season and welcomes the return of those residents who spent the winter away from the Regency community.

Winter Regency Reporter Delivery

The policy of the Regency Reporter Editorial Board is not to stop delivery to residents who are away for the winter. There are too many people going away and we feel that it's unfair to ask our volunteer delivery staff to have to "know" who does not want their paper while they are away for the winter. The Editorial Board of the Regency Reporter kindly requests that residents ask a neighbor to remove and recycle their papers while they are away.

Thank you for your understanding,

REGENCY REPORTER

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All materials for *Regency Reporter* are due on the tenth of the month prior to publication month.

Please E-mail your materials to:

NINA WOLFF E-mail: nwoff0325@aol.com

Letters to the Editor: Publication of letters to the editor is at the discretion of the Editorial Board. All letters must be submitted with signatures.

Disclaimer: Unless otherwise stated, the articles contained within this paper are solely the thoughts and opinions of the authors, and do not necessarily reflect the views and opinions of the *Regency Reporter's* editorial board or Princeton Editorial Services.

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Up Close and Personal

By Barbara Bickel (**)



APRIL BIRTHDAYS

1 - Safwad Eid/Bonnie Levy/
Melvin Solomon
2 - Mary Barry/Brian
Brandenberg/Royston
Cruikshank
3 - Nancy Begley/Sharon Russo
Conti/Michael Fusella/Susan
Keating/Nancy Sperling/
Donna-Sue Zeglarski
4 - Harry Borenstein/Margaret
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Sequenzia
6 - Vanda Siminerio/Thomas
Tomasulo
7 - Myra Cramer/Mark
Greenstein/Geri Homelsky/
Tracy Maccia/Rosalind
Samiljan
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Florin/Deborah Solomon/Tina
Vider
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Candace Schweitzer/Bob
Shumsky/Marilyn Wendy
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Damico/Keri Koslow/Steven
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Arlyne Weber
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(**) Are your special dates
not here or are they incorrect?
Please let me know, so they
can be fixed. Thank you. BB

Monroe Dance Group

By Hailui Zhang

The Lunar New Year Gala presented by the Monroe Dance Group was held on February 9 at the Monroe Township Senior Center. Dances performed by friends from Regency were warmly appreciated.

Singles Mingle

By Barbara Winograd

March was a busy month for our Singles with two wonderful sold-out events. A lunch on Leap Day had the Ladies get together and catch up about our winter adventures while feasting on first class Italian food at The Doughfather in Monroe. Generous family style platters of eggplant rollatini, calamari, mozzarella caprice, chicken wings, and of course a variety of the best pizza they had were served. Plentiful desserts, pastries, and beverages topped off a

memorable afternoon.

On March 6 Pinot's Palette hosted a Paint and Sip in the Tennis Pavilion where we all tried our hands at recreating a Monet Seascape guided by the owner Lillian Feldman. We called to our creative muses while we sipped on sangria and enjoyed snacks and dessert.

In May we will host an elegant High Tea to honor Mother's Day. This is sure to be another fabulous event. Details to follow! See you then.



The ladies at the Singles luncheon are, from left: Lucille Springer, Toni Scaturro, Fran Plisko, Barbara Winograd, and Ellen Siet.

Photo submitted by Barbara Winograd

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Men's Club Happenings

By Sheldon Piekny

We had our first monthly meeting at the Tennis Pavilion, and I want to thank Al and Mike for making it a smooth transition. Thanks to all the members who RSVP'd that they were coming, and for carpooling because of the limited parking spots. We have some exciting speakers com-

ing up in the next few months. Check your email for all updates. The guys on the entertainment committee are working hard finding events for us to enjoy, but we need your involvement in making these events happen.

Some of the events planned are visiting West Point, The Museum of Natural History and The Amish Country. Of course, the best of all the events will be our Mother's Day Gala on Sunday, May 5. It will be held at the Monroe Senior Center. That's where we get to show our love and appreciation to our wives and significant others. We will have special entertainment and great food. Hope to see many members at all of our exciting events.



Men's Club Events

- Wednesday, April 17 - West Point Military Academy
 - Monday, May 13 - The American Museum of Natural History
 - Thursday, June 13 - The Amish Country (Buffet and Show)
- All of the above events include transportation by bus.

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You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you.



Dr. Gerald Pomper with Al Marandola and Mike Drobnis at a recent Men's Club meeting. Photo by Steve Strauss

The Regency Car Club



Earl Brancolino's 1946 Plymouth Coupe. Photo by Earl Brancolino

By Earl Brancolino

Automobile Memories

New automobile technology is absolutely amazing. Car manufacturers have given consumers a vast array of features that provide a safer driving experience and an ever-changing number of driving comforts. Today's cars are equipped with self-driving and self-parking options, smart keys, satellite navigation, back-up cameras, on board diagnostic, and a technological environment that is changing daily. I love these changes because they make our driving safer and almost trouble free. However, when I was growing up in the late 1950's the cars were, by today's standards, very basic.

Although basic, those timeless beauties exuded charm and character; in addition, they provided endless opportunities for self-expression and creativity. Automobiles were more than just a means of transportation; they were symbols of freedom and individuality. I remember when my father gave me a run down 1946 Plymouth Coupe. I was very excited when I was given

that car. I called my buddies and told them about my car. Although it was dilapidated, I wanted to make it look like a million dollars.

In those days, maintaining and repairing cars was a shared experience among friends. We would gather together to refurbish our beloved vehicles, spending hours working on every little detail. From the iconic white wall paint or porta walls to changing the oil and filter, repairing brakes and wheel cylinders, or even adding stylish seat covers, we took pride in every improvement we made. It wasn't just about appearances; we also knew how important it was to take care of the engine's health. Working under the hood was a common pastime as well. Radiator flushes were performed to keep things cool under pressure and to ensure longevity. We would adjust carburetors, tune up engines and sometimes even use matches to finely adjust points for optimal performance. We wanted our cars to run smoothly

(Continued on page 5)

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The Regency Women's Group

By Barbara Wilner

Our spring awakening has begun. With our Clubhouse closing, it has been challenging planning our meetings, but we have been at work getting ready for the season. April begins with "Up Close and Personal with Albert Einstein" on Monday evening, April 8 at the Monroe Library. We will start the season with much to learn about this most interesting iconic man and report on the event next month.

As always charitable, we kick off May with a Diaper Drive on May 8. This much needed collection is for a wonderful cause. Check details on our flyer. Our May program is being finalized and will be announced by the time this article is published. We

look forward to the coming warm almost summer evenings with a BBQ and DJ dance music event in the parking lot on Sunday, June 2. Flyer to be out soon.

Welcome back to those who have been away. We are doing our best during the Clubhouse renovation and look forward to having you support these events and those in the coming months. How wonderful these events will be for us all!

Till next time...

Regency Women's Group Events

- Monday, April 8 - Up Close and Personal with Albert Einstein
- Wednesday, May 8 - Diaper Drive
- Sunday, June 2 - BBQ with DJ

Upcoming Events of The Italian American Club at Regency

By Annette Valerio

Greetings Residents of Regency!

Although our Clubhouse is closed for events, there is no stopping your Regency Italian American club from planning fun events for the coming months. Here is what we have planned to date. Some information may be subject to change:

Friday, April 12 - General Meeting. Cannoli Making Class. Tennis Pavilion.

Friday, July 26 - General meeting. More information and topic to follow.

Saturday, August 24 - Italian Football Wedding. Paid Event. In our Clubhouse.

Tuesday, September 10 - Fiesta de San Gennaro. Off-site event.

Week of October 21 - Columbus Day in Villa Roma Resort Trip. (Possible)

Friday, November 22 - General Meeting. Holiday Theme. Clubhouse

Saturday, December 14 - Christmas Party. Paid Event.

Clubhouse.

Month of December - Date TBA. Trip to Radio City Music Hall.

If you have not already paid your membership dues for 2024, please do so as soon as possible. Only paid-up members can attend events. Dues

are \$20.00 per person, \$40.00 per couple. Please check the Clubhouse for flyers. They will be located on the ground floor near the concierge desk. We look forward to seeing you all!

Until next month...Wishing you happy days ahead.



Looking back at 2023. The awesome musical group "Memories" performing at the Italian American Club's Christmas party.

Photo by Annette Valerio

The Regency Poker Club

By Frank Gottlieb

I hope that all of you are having a good winter. I am happy to let you know that the Regency Poker Club is planning our first Poker Tournament of the year. It is scheduled to be held at the Tennis Pavilion on Monday, May 13 at 6:30 p.m. All men and women who are Regency residents are invited to attend. A \$100 entry fee is required for participation. I'm looking forward to seeing you at our tournament.

New Club Ideas

By Laura Balsam

Backgammon Club

Beginners to advanced players are welcome, or just learn more about Backgammon. Discuss strategies and teach new players. Potentially we can hold a tournament.

Regency at Monroe Newcomers

Discuss how to meet people at Regency at Monroe and what resources are available. Both at Regency at Monroe and in Monroe itself. It can be hard to find people who share your interests, let's figure out how.

Want to Start a Club?

Send me a short description with your contact information. and we will publish it here. I can print your name as the organizer, or I can receive the responses and forward them to you.

Contact me about either of the clubs above or starting a new club. Laura Balsam. My phone number is in the directory, or email me at newclubs08831@gmail.com

Car Club

(Continued from page 4) and efficiently.

These memories may seem like distant echoes from another time, but they hold a special place in my heart. It reminds me of simpler days when automotive passion brought friends together for shared experiences that money couldn't buy. I cherish those fond old car memories - where every repair, refurbishment, adjustment, and upgrade represented not just an act of maintenance but also an expression of love for those timeless classics.

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Shutterbug Regency Digital Photography Club

By Howard Wichansky

The last meeting of the Regency Digital Photography Club was clearly to pick the brains of the members to uncover their favorite photography tips. We all recognize that each member has discovered their own very useful ideas in the pursuit of photography, so why not share them with the rest of us. They spanned a broad range of items from valuable accessories for taking pictures, a technique for improving your photograph, or even a way to display your images. How about a mistake that you made that you can stop others from making? The meeting was lively and provided a number of new things that were im-

mediately accepted for use, whether you're using a heavy duty DSLR or the mobile iPhone. Here are a few. Feel free to make use of them and get details from our members listed below if you need more information.

Don't be intimidated by those fancy DSLRs, any of today's cameras can get the job done—particularly an iPhone. (Steve Wandy)

When taking a photograph shoot wide and also crop down to remove unnecessary areas for a better picture. Why not use trees or other objects for framing on the edges? (Frank Ruggiero)

Show your photographs every

day on a Digital Frame, like the one from Aura shown here. With this frame on your kitchen counter, you can see those images cycle through. It has endless storage so it takes a while to repeat a picture and anyone you want can send pictures to your frame over the Internet. (Laura Balsam and Howard Wichansky)

Believe it or not there is an APP called *PhotoPills* that can tell you where to stand and when, to get spectacular photos with the moon, sun, and milky way in your landscape or cityscape. (Jay Groman)

Make sure, if you're using an iPhone, to set the format to JPEG specifically when you



This frame from Aura on your kitchen counter lets you see your images every day that are buried in your computer out of sight.

Photo by Howard Wichansky

want to make a photo album or submit a picture to the *Regency Reporter* for example. Check in your settings under *Camera* or you might wind up with HEIC format that is unacceptable. (Howard Wichansky)

A set up for doing Micro Photography and shooting flowers was shown including the light-

ing that works. (Tony Wong)

There was much more but these were some of the best. We all learned something new, including the senior members. Once the weather gets warmer, we will be taking a field trip. Look for details about our next meeting in the BLAST and Emailer.

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The Regency Cocktail Revolution Club



Travis and his cocktail creations.

Photo by Barbara Winograd

By Barbara Winograd

On Tuesday evening, March 5 the Regency Cocktail Club celebrated an early St. Patrick's Day complete with the wearing and the drinking of the green. As we feasted on corned beef and cabbage, potatoes, Irish Soda Bread, and Ireland's best sharp cheese and crackers, an evening of sociability and shenanigans

ensued. Barbara Potasky, our able president, welcomed all and informed us we were also marking the day as Absinth Day, Unique Name Day, and Cheese Doodle Day. We feasted on green festooned desserts and were reminded that on St. Patrick's Day everyone is Irish!

Beside creating themed cocktails, Travis of Yorktown Liquors educated us on the history of the holiday that honored Maywin Succat, a British teenager who was kidnapped and endured eight years of forced labor in Ireland before he returned to Britain a joined the Catholic Church.

He eventually returned to Ireland as a missionary and by the time of his death in 1603 he had established monasteries, churches, and schools across the country. He became a Patron Saint when he died and in 1903, on March 17, the day of his death became a national holiday that was celebrated by going to church and not by drinking. It wasn't until the 1970s that the ban on alcohol in Ireland on that day was lifted. But in the States, we were way ahead and celebrated the first St. Patrick's Day parade in Boston in the early seventeen hundreds.

Traditional drinking in Ireland early on consisted of beer, cream cordials, and whiskies that were imbibed for medicinal purposes. To this day Jameson Black barreled whiskey is often

(Continued on page 7)



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By Cecile Spector

Code Name Edelweiss

Stephanie Landsem's *Code Name Edelweiss* is based on a true story uncovered by Steven J. Ross, a professor at the University of Southern California. It involves a Jewish lawyer, Leon Lewis, who had been monitoring fascist activity in America since the 1920s. In 1933, recognizing the ever-growing danger presented by the fascists in the United States, Lewis decided it was time to act. He formed a network of amateur spies, and they managed to foil the Nazis who planned to kill the Jewish leaders in the movie industry. In fact, plans existed for hanging twenty prominent Hollywood figures such as Al Jolson and Samuel Goldwyn, and to sabotage defense installations and seize munitions from National Guard armories.

Most novels about WW II take place during the war or just a couple of years before it began. The location of the action was generally in Europe. The year in which this historical novel takes place, 1933, is when Adolph Hitler became the new and powerful anti-Semitic chancellor of Germany. It would be several years before America got actively involved in the war. Hitler and his gang's intention was to use propaganda to sway the minds of Americans against Jews, as they were swaying the minds of the population in Germany. The men who led the movie industry were located in the Los Angeles, California area and were mostly Jewish. The Nazis in America, guided by Hitler's fascist policies as expounded in his book *Mein Kampf*, wanted to get rid of these leaders of the film industry so they could take over and impart their anti-Semitic sentiments to American moviegoers. Southern California was a particularly appealing area for the Nazis. Approximately one third of disabled and discouraged WWI veterans lived there and were ripe for recruiting into their fascist cause. The region had fifty German American organizations with 150,000 members, which the Nazis hoped to unite. At this time, the Ku Klux Klan

The Regency Book Club

was strong in California and also very much involved in the fascists' activities.

Liesl Weiss is the main protagonist in *Code Name Edelweiss*. She is a young Aryan German American woman who is fired from her job at MGM. The Depression still affected employment possibilities, and in order to support her family, she took a job with Leon Lewis, who persuaded her to work as a spy, to whom he gave the name *Edelweiss*. Her role, along with Agents *Thirteen* and *Seventeen*, was to infiltrate a fascist group called *The Friends of New Germany* to learn of their plans. When Liesl saw the full extent of the fascist activities being planned by the people she was working with, she had to hide her true sympathies from them, as well as from her own family, her friends, and her Jewish neighbors who were formerly her friends. Liesl is paired up with Agent *Thirteen*, who, without giving away his identity as a spy, tried to discourage the young men who were joining the Nazi cause. Liesl's brother is a cadet cop who joins the fascist group. He is a troubled youth who wants to be part of something, not realizing the actual aims of the Nazi group. He and Liesl become alienated, but towards the end of the book he tries to make amends for the damage he had caused and Liesl reluctantly forgives him.

In a lively discussion, the members of the Book Club spent a great deal of time relating the issues seen in the book to current day anti-Semitism, in the framework of large numbers of Palestinian supporters living in the US, as well as the Israel - Hamas conflict. We talked about the fact that in 1933 most of the American population didn't believe that the fascists were a real danger because the horrors of the upcoming war were yet to happen. It was difficult to envision Hitler wielding such power that he could spread his evil not only throughout Europe, but here in America as well. We mentioned those, such as Henry Ford, who held Hitler's views. Ford supported the fraudulent *The Protocols of the Elders of Zion*, which is a fabricated text purporting to detail a Jewish plot for global domination.

The characters and motives of Leon Lewis and the spies, Liesl and *Thirteen*, were fairly well developed, as were those of Liesl's strongly opinionated

mother and troublesome brother. Other characters, such as the movie studio heads, Leisl's Jewish neighbors and friends and the spy *Seventeen*, were somewhat sketchy. The author raised the question of religion, in general, and belief in God as a strong theme throughout the book. The characters question how a loving God could allow such evil things to happen. Overall, the book was well written, but seemed to be a bit simplistic and geared for young adults.

Propaganda, as it was in Hitler's day, is alive and well in current times. Not only do we have movies as a vehicle to shape opinions of the general population, but all the other media outlets as well. Please join us on April 2, when we will discuss *Independence* by Chitra Banerjee Divakaruni. All residents are welcome.

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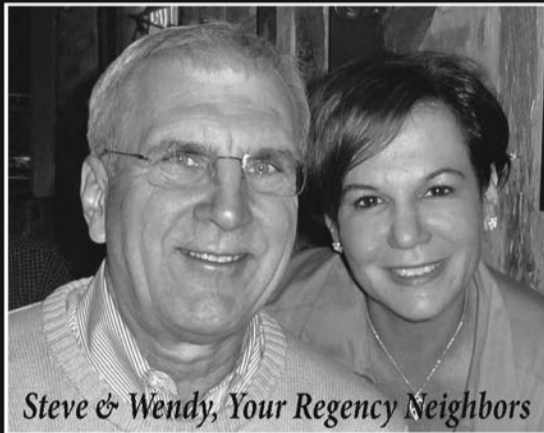
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Cocktail

(Continued from page 6)

seen as a cure for many ills. Libations on this night included the Irish mule, Irish coffee, the Irish Old Fashioned, the Drunken Leprechaun, and the Ginger Mist. A favorite of the lucky crowd was Bailey's Mint Milkshake made with equal parts of Bailey's liqueur, green Crème de Menthe, vodka, half and half, and a dash of Crème de Cacao.

The evening culminated in a trivia game where we had to name 15 classic cocktails identified by a brief historical fact and their ingredients. One ex-

ample was the cocktail named after Marlon Brando made with one ounce of whiskey and one ounce of Amaretto liquor—namely the Godfather. Pam Brisman won a \$50 gift certificate to Yorktown Liquors for being the knowledgeable mixologist who identified correctly the most concoctions.

The Cocktail Club looks forward to next month's meeting where we will toast authors, celebrities, and notable personalities with their favorite libations. In the meantime, may you enjoy the luck of the Irish as we welcome in spring and the upcoming holidays.

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The Regency EREA Takes You to the Bustling Streets of Vietnam

By Marty Feldman

Vietnam has become a very popular destination for tourists, although I myself have never been there. My children and grandchildren have visited and

even taken cooking classes there, but I still feel I've been there with them; at least not physically. My visits have been culinary in nature and each time I'm transported to a small, fam-

ily run restaurant with steam coming from the Pho broth being heated on the stove, and the smell of pork being grilled for my cracked rice entree. Vietnamese cuisine is a delightful

fusion of flavors and textures that are sure to tantalize your taste buds. From the aromatic herbs and spices to the refreshing balance of sweet, sour, bitter, salty, and spicy flavors, which relate to the Buddhist-inspired five-element philosophy of earth, wood, fire, water, and metal, respectively.

Vietnamese dishes offer a truly unique dining experience. Whether you're savoring a steaming bowl of pho (pronounced fuh), a crispy banh mi sandwich, or a fresh spring roll, each bite will transport you to those bustling streets of Vietnam. You will find that Vietnamese cuisine is not spicy hot, usually made with fresh vegetables, meats and rice vermicelli, jasmine rice, lime, and fish sauce used mostly instead of soy sauce. Most dishes are inherently gluten-free with rice being used in place of wheat for noodles, flour, wrappers ...

Pho, probably the best-known Vietnamese food, first appeared in Vietnam in the twentieth century and quickly became popular; it is even considered to be the national dish of Vietnam today. There is debate as to whether it derives from the influence of the French occupation or the influence of the Chinese cooking style. No matter where it came from, pho be-

came popular as a street food in Vietnam.

When Vietnam was divided, people who left the northern region brought pho with them, and over time it evolved in the south to pho, southern style. The differences between the northern and southern types of pho: Pho Bac (as it's called in the north) uses a clear, simple broth, wider noodles, and lots of green onions. Pho Nam (the South Vietnamese pho) has a bold broth, thin noodles, and a variety of herbs. Although the traditional version is beef-centric, you can also find chicken pho or vegetarian pho.

Prepare to embark on a culinary journey filled with bold flavors and vibrant dishes that will leave you craving more of this delicious and exciting cuisine. The Regency EREA will arrange for a culinary introduction to Vietnamese cuisine at a local restaurant in late May, date to be announced, with a variety of appetizers, and entrees.

The Regency EREA is open to all Regency residents, singles, and couples; there are no dues, and you are not committed to any dinner except those you wish to participate in. Restaurants have limited seating, so we are first come, first served, as always. For additional information please call me.

Francophiles from Regency Redux the EREA French Bistro Experience at Sophies Bistro

By Marty Feldman

On Sunday, March 3, the sun was shining, the sky was cloudless, and it was 67 degrees, in March, in New Jersey! What could possibly make this day even better? Well, how about a private room in a local French bistro, serving things like pissaladière tarte a l'oignon, escargot, le coq au vin, boeuf bourguignon, cassoulet de Toulouse... dinner with neighbors and friends, a couple of glasses of Bordeaux wine, and lots of conversation and laughs, with great service as well. This winning combination was the experience of the Regency EREA (Ethnic Restaurant Eat Around) this week at Sophies Bistro on Hamilton Street in New Brunswick.

This was the second EREA dinner held at Sophies Bistro, the first done over eight years ago. However, so many people wanted French food that we decided on a redux at this one-


of-a-kind restaurant within easy driving distance. The participating diners were able to choose from among four appetizers, five entrees, some of which are mentioned above, and two desserts - Profiteroles or Sophies Berry Crepe. Service from Meghan and Chris was smooth, non-obtrusive, and professionally carried out. Unfortunately, I forgot to take photos of the goings-on, so you'll have to use your imagination. Just picture many of your neighbors with big smiles on their faces, devouring delicious French bread, drinking French wine, laughing, or engaged in serious conversation. It was a great evening.

Please remember that the EREA is open to all Regency residents, singles and couples. There are no dues and no commitments except for the dinners you wish to participate in. For additional information please call me. Bon Appetit!

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3-D Art Group



Renée Horowitz, Anita Solomon and Claire Castellanos. Anita made this "TeacherRule" for her daughter. Shhh, it's a surprise!!
Photo by Caryl Cohen

Below: Rochelle Wallach and her personalized Times Square picture.
Photo by Renée Horowitz



Israeli American Club

By Sam Fisher, President

The Israeli American Club held its second annual Purim party on Monday, March 25, with approximately 100 people in attendance. We enjoyed a kosher catered dinner by Capri Caterers and were treated to a wonderful magic/comedy show by "Jay the Magician." The event was held at Temple B'Nai Shalom in East Brunswick. The Temple rabbi, Rabbi Eric Eisenkramer gave us an inspiring talk about the history of the holiday and related it to today's times. The Temple cantor, Andy Epstein, sang several holiday themed songs. It was truly a very pleasant evening.

Our next event will be a celebration of Israeli Independence Day. This is our signature program of the year - one you certainly don't want to miss. Details have not yet been finalized, but it will likely be either in mid or late May. (The actual date of the signing of Israel's Declaration of Independence was on May 14, 1948.) Once the date and specifics are available, we will put out a flyer, which will be emailed to all members and available to all at the concierge desk. It will also be included in the HOA weekly blast. If you would like to be on the planning committee for the event, please let me know. You can find my number in the Regency Directory.

I would also like to organize

(Continued on page 13)

Hunger Is Not a Game - We Desperately Need Your Help!

The Regency Culture Club is hosting its Monroe Food Pantry Collection Day, Saturday May 18, 2024

It is the goal of the Culture Club to collect a minimum of four (4) cans or dry packaged goods from each household in Regency. If every household contributes, the pantry will be stocked for six months. Many township residents are struggling in this difficult economic climate. There are less donations being made to the Pantry when it is not holiday time, making it a little harder to provide necessities.

These families are fighting to keep their heads above water. Please throw them a lifeline. Canned goods and dry packaged goods will help keep them afloat.

Donations may be dropped off at the **Clubhouse Parking lot (pool side)** on Saturday, May 18 between 9:30 a.m. and 11:30 a.m.

Your support and generosity

are appreciated by the organizers and welcomed and truly needed by the recipients. Please check dates on all items, the Food Pantry cannot accept any outdated products. If you are an

owner of a company and you would like to contribute in volume please contact me.

For further information contact Milton Paris at 732-605-1808.

IAG Festivities on February 10



By Bharat Doshi

IAG members met on February 10 at the Tennis Pavilion to create and rejoice in a festive atmosphere. Male members decided to give ladies a day off from work, so the en-

tire sumptuous dinner was prepared by male chefs. Among the dishes displayed were gajar halwa, gulab jamun, banana bread, butter chicken, chhole, vegetable biryani, okra bhujia, potato curry, chickpea-avocado dip, dhokla, paatra, pulav, daal, salad, and fruit bowls. The Tennis Pavilion was decorated in festive colors. Deepak Sondhi coordinated the menu and decorations. Colorful dresses and dishes completed

(Continued on page 10)

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Hadassah Highlights



By Carol Kortmansky
 Karen Ross, President

After a quiet winter when the snowbirds flew away and the ballroom was closed in order to make way for a new, bright, and wonderful event space, Hadassah is coming back! It's been challenging to say the least, to not only find programs, but also to schedule rooms in order to be together, but hopefully we are almost there! Meanwhile the world has continued to turn, and the war in Israel continues to be fought. We as a people continue to pray every day for the safety of our beloved country, and the safety of its innocent citizens, whether they be in Israel or Gaza!

Let Israel be safe and her future be bright!

We would like to welcome **Lucille Marinelli**, who has joined our chapter as an annual member. Thank you and we look forward to seeing you at our exciting events.

April brings Passover and the return of our very popular Women's Seder to be held on April 15, which this year honors the most important Jewish women in our lives. We are so pleased that Cantor Michele Teplitz from Marlboro Jewish Center will be joining us once again! The evening will include a beautiful and unique Hag-

adah written by our own Hadassah members. We do hope that you can attend this function, as it has always been one of the most meaningful and special programs that our chapter has presented! More about this evening in next month's *Regency Reporter*.

Our Theater Party will be held on June 2, at which time we are going to see *Evita* at the Axelrod Performing Arts Center. Tickets are on sale now through Hadassah at \$54 per ticket. Contact Joan Blitz or Naomi Trachtenberg for more information. Their home numbers can be found in the Regency Directory. We are also looking forward to the return of our Hadassah Book Club and more information will be forwarded to you as soon as a location can be determined.

If you have ordered Mah Jongg Cards through Hadassah, they should have been sent out directly from the Mah Jongg League in March to the address given when you ordered the card. If you ordered a card and asked Karen Ross to hold it for you, please contact her when you return to Regency to obtain it from her. We thank the whole Regency Community for their support in helping Hadassah by ordering their cards through us.

As we look to the future, we fully expect to present meaningful programs highlighting the Jewish experience in Israel and here at home. We look forward to seeing all of you and if you have any suggestions for any programs that you would like to see, please contact Karen Ross, Genia



Beeferman, or Leslie Kohn.

We would like to remind our members that condolence and greeting cards can be purchased from Shelly Schwartz, Sandy Mailman, or Marilyn Krawet. If you cannot reach one of our Card chairpersons, please contact Karen Ross. For JNF Trees (\$18 if delivered in Regency and \$19 if mailed out of the development) and Certificates (\$10 if delivered in Regency and \$11 if mailed out of the development) contact Karen Ross or Linda Strauss.

Once again, a reminder that all checks for any Hadassah event or donation must now be made payable to **Hadassah** and not to Regency Hadassah and if you have changed your email, please let Linda Strauss (lstrauss@floe.net) or Karen Ross (kbr1253@aol.com) know as soon as possible.

Please watch your email for updates on future Hadassah events. As noted before, we are in the midst of working on future events and locations because of the closures during the next few months, and will update you as often as necessary via email.

Stay warm, safe, and well! Wishing everyone a zissen Pesach!

Regency Hadassah Schedule of Events

- Monday, April 15 - Women's Seder
- Sunday, June 2 - Evita at the Axelrod Theatre

IAG Festivities on February 10

(Continued from page 9)
 the photographers' dream. Over a hundred photographs and a few videos captured the mood. Towards the end of the dinner, Gan Murali invited each chef to describe the preparation and any interesting tidbits about his association with that dish. It was fun listening to a variety of stories and knowing a lot more about the culinary skills of our chefs.



Creations by Men Chefs at the IAG Festivities on February 10. Photo by Bharat Doshi

2024 Shalom Club Calendar

- Friday, July 19 - Shabbat Dinner
 Featuring Herman Lentz - Author of *Jewmorous*
- Sunday, August 11 - Central Jersey Shalom Culture Club Presents *Broadway Tonite*
 Jackson Memorial High School
- Sunday, August 18 - Featuring Keith Spencer - Baritone Vocalist
- Sunday, September 15 - Featuring *The Memales* Tribute to the Yiddish Theater
- Sunday, October 20 - Featuring Linda Belt - Comedian

The day after our meeting was the Super Bowl and we could not live without a Football Grid! Bharat Doshi had received \$200 from the members and had inserted their names randomly on one hundred squares of the grid. Each \$2 got a member's name on one square. Bharat invited ladies to pick chits (with numbers from zero to nine) randomly from an envelope, allowing us to complete the grid in an unbiased way. 'Investors' watched intently the following day to see who won this side game. Out of over eighty members, IAG has eight with the last name Shah. Interestingly, all the winners were Shahs! There goes randomness.

Regency Hadassah Advocacy



By Breena Steinberg

Women's Health and Reproductive Rights

As most people know, Hadassah is best known for their groundbreaking hospitals in Israel, advancing women's health, support for the Never Again Education Act, which expands access to Holocaust education, and so much more. It is my wish, that when people talk about Hadassah, they also are aware how passionate we are about a women's right to have a choice.

After Roe versus Wade was overturned by our Supreme Court it has become even more crucial that we protect our rights as women. Sometimes I wonder whose body is this (?). Many of our states have banned

abortion. As time goes by it seems more limitations are happening throughout our country in regard to women's health, among other areas. It is imperative that women are empowered with the knowledge needed to make important health decisions for themselves and their loved ones. Hadassah believes that women must have full medical knowledge and guidance based on a woman's religious and ethical views.

Congress is currently considering the following bills. Please urge our legislators to support them.

- **Right to Contraception Act (H.R. 4121 | S. 1999)**, which would safeguard Americans' right to access all forms of birth control and protect against federal and state efforts to restrict it.

- **Let Doctors Provide Reproductive Health Care Act (H.R. 2907 | S. 1297)**, which would protect physicians providing reproductive health care from being held liable for providing reproductive health services to patients from other states.

- **UPHOLD Privacy Act of 2023 (S. 631)**, which would protect the privacy of personally identifiable health and location data.

- **Ensuring Women's Right to Reproductive Freedom Act (H.R. 782)**, which would protect anyone seeking reproductive health services outside their home state as well as anyone assisting or providing care for them.

We can make our voices heard. We must let our state legislators hear from us. We can raise awareness and protect a woman's choice. At a national level, it is essential that Congress gets our message to agree to comprehensive reproductive health services for all women in the United States. We want them to speak out against state restrictions on reproductive rights. The link below will take you to the Hadassah Action Center. You can also write to your state and federal legislators. Even call them or pay a visit. Silence doesn't work. As always if you have any questions, I'm in the Regency Directory.

<https://p2a.co/i3TpOIR>

with both upper- and lower-case alphabets and larger screens. I actually helped a client to write his entire business plan on an Apple II. IBM actually entered the field in 1977 with the - now long forgotten - model 5100. Yes, it was a desktop device that included all the elements (along with a built-in five-inch CRT display) and cost up to \$25,000 depending on options. I have no idea about how many were actually sold - but they clearly could not compete with the then-current competition.

Noticing the strong price competition as well as Apple's incursion into business computing, IBM decided that it had to move into this 'very low' end of its usual large computer array of offerings. It took just over one year and a considerable investment, including setting up an entirely new operation in Boca Raton, Florida. In 1981 it introduced the IBM 5150 PC - which included a 12-inch (diagonal) monochrome monitor capable of displaying 25 lines of up to 80 characters along with a full set of both hardware and software accessories, (of course I had to own one of them). It adapted the keyboard and other technologies from its other business fields (do you remember IBM typewriters?). It had an 'open' design, allowing 'outside' software companies to craft products for it. Users could also add the VisiCalc spreadsheet and the PC-DOS operating system - from Microsoft (which, later, also got into word processing.) Some of you may remember the Lotus 1-2-3 spreadsheet too. It became widely available in 1982. As of late, the primary PC applications are WORD and EXCEL, both Microsoft products. I would note, in passing, that Microsoft, with these deals, became one of the strongest software companies in the industry.

Lastly, and more recently, with the new PC becoming increasingly important, IBM (with its strong underpinnings) was able to regularly introduce hardware updates, including (for those interested) constant improvements in its (Intel) processors, operating speed, memory, and storage (most of us still have some old floppy disks). Software updates did not lag - as constant updates were necessary to accommodate the improving hardware while also adding new capabilities.

As an owner of that early IBM unit (which I left on the street when we moved to Regency - and it disappeared within 20 minutes), I, along with the myriad of other PC users, was certainly bombarded with constant sets of offers (new hardware, software, and a myriad of accessories). Yes, I regularly found some form of 'mandatory' update requirement - that absolutely HAD to be bought, installed, and learned! I would note that in our home, we have three PCs, two laptops, two more tablets, and even two smartphones. My current 'main' system, however, is not solely based on the 'standard' PC. It uses an Apple MAC/MINI - but includes the unique Parallels Software application, which allows me to run a complete Microsoft-based PC right alongside the Apple-based applications. This allows me to service Apple products as well as IBM (and other manufacturers' products). Our large screen display has two parallel 'taskbars,' the lower one with all the Apple apps and another, right above it, with all the PC apps. My PC operating system is still Windows 8 as compared with today's 11 - which is on my wife's computer. I have not needed to update any of the basic system hardware, although I did add a 'private cloud' system and certainly have followed the ever-increasing connectivity speeds for Internet access.

Tech Trends

By Don Haback

A Short look into the History of Personal Computers

I have to start with some personal history to give you an appreciation for my background. I graduated from Rensselaer Polytechnic Institute in 1958 with a B.E.E. (Electrical Engineering) degree and had been introduced to a lot of technology both before and after going to work in electronics. I was always a hobbyist, trying to improve my understanding of the field and its possibilities. During the late '50s, I had built a working transistorized FM transmitter, and computers were not out of reach. I did 'dabble' with some digitizing for my model railroads (HO Guage) but emerged as a computer user when I bought my first IBM PC (upon their market introduction in 1981). I have been doing tech consulting since the mid '70s and have worked with just about every global manufacturer of computers of all kinds. I have been fully involved in understanding this industry.

Let's start with a look at how the PC industry has 'morphed' from a set of toys to today's worldwide success in both homes and commercial usage. Starting - if you can believe it - in 1977 - the first successful 'hobby' computers appeared. These included Commodore's 'pet,' Radio Shack's (remember them?) TRS-80, and - believe this - the Apple II. I must note that Atari (best known for games) also had an early computer. Apple's device became a big hit and was regularly enhanced with new features, including full keyboards and CRT displays. Businesses started to buy them, especially when they introduced the first systems

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Beyond Words

By Cecile Spector

Patronizing Language and Behavior

Patronizing language and behavior, as used here, is defined as treating someone with an apparent kindness that betrays a feeling of superiority; displaying a condescending attitude; or assuming the manner or airs of a superior toward another.

Often, doctors, nurses, and other health care workers use terms such as “honey,” “dear,” and “sweetheart” when conversing with older patients. This happens in everyday community life, but especially in institutions such as nursing homes, assisted living facilities, and hospitals. Numerous articles in nursing journals have focused on the use of patronizing patterns of speech and modified forms of address in conversations between nurses and other health workers, and older people. There are times when older individuals are spoken to with a simplified vocabulary and with a high-pitched tone of voice, such as that used with very young children. The rate of speech is often slowed down as well. Although cognitively impaired older individuals may not find this manner of address offensive, the results of the studies discussed in these articles showed that most older individuals found non-patronizing conversations with nurses and other health care professionals to be far more satisfying and acceptable than conversations in which they were patronized.

Individuals with handicapping conditions often are patronized. When, for example, someone is blind people may talk louder as if they can't hear as well. Or, if they are with another person, they may ask the other person questions such as, “What would your friend (husband, wife, etc.) like to eat?” as if the person with the handicap is incapable of speaking for themselves. Individuals who have a handicap should be treated with consideration but don't need to be patronized. It's appropriate to ask if they wish to be helped in some way; don't *assume* they need help. Generally, they are capable of doing far more than you might expect. Remember, the person is first, not the handicap.

Children also are frequently patronized. Once children are over seven or eight years of age, talking to them as if they are “babies” wounds their pride and shows them they are not being given credit for their rapidly developing social and cognitive awareness. Children deal with the same emotions as adults — anger, fear, loneliness, excitement, annoyance, etc. Issues involving such emotions can be topics of discussion as well as social interaction issues (e.g., a fight with a good friend), so why should they be patronized by focusing on, “My, how big you've grown.” or, “What's your best friend's name?” It's quite likely, as many of you know, conversations can be at a somewhat more mature level.

In our social and political interactions, we are often unaware of our own patronizing attitudes or actions. Consider statements such as, “I know what's best for you.” “Trust me to make the right decisions for you.” “Here, let me do that.”

At times, whether one is being patronized or not may be in the ear of the listener. If you're looking for offending words, attitudes, or tones of voice they will probably be found. If you're not sure about a person's intention (Is he/she patronizing me?), give him/her the benefit of the doubt. Sometimes an individual uses language that may appear to be patronizing but is merely displaying his/her usual warm and friendly style of speaking. For example, my doctor, when speaking with his female patients calls them “sweetheart,” regardless of their age. When questioned, he said it seemed too formal to call adult women “Mrs. ___” and too familiar to call them by their first name. When asked what he called his male patients he said, “I call them by their first name, because they're guys, like me.”

We all have different takes on how we are being treated by others. For instance, some people dislike it when a server says, “Excellent choice” when you've made your selection from the menu. Who are they to decide whether your choice is good or



bad? However, they are probably just following the protocol established by the restaurant—tell the customer that his/her choice is excellent. On the other hand, on occasion, servers may ask, for example, if you'd like Perrier or, (disdainfully) tap water. They make it seem as if you must be an uninformed clod, or stingy, if you opt for tap water.

The movie *Pretty Woman* had a wonderful scene in which Julia Roberts, playing the role of a not too well-dressed prostitute, is given money by Richard Gere, her “John,” to buy some new and more “elegant” clothing. She goes into an upscale designer shop and is told by the saleswoman that she must be in the wrong place and gives her a haughty look. Julia leaves and goes on to shop in several other designer shops. She returns to the first shop and asks the saleswoman, “Do you work on commission?” “Yes, I do.” replies the saleswoman. Julia smiles and says, as she stands with her arms filled with packages, “You made a mistake, a huge mistake.” This was a satisfying conclusion to a patronizing event.

Social Security Scam



By Susan Sloan

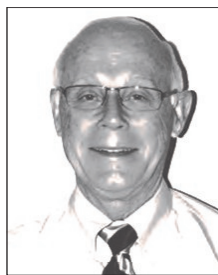
I recently received a note from my accountant telling me that the Government has found that my social security payments have been underpaid, and that the Government owes me \$99,500 in unpaid amounts. They just want a copy of my driver's license, front and back, to verify me and my accountant will handle it to see that I get what I am entitled to. The message came from my accountant's email address. I thought to myself that means I have been underpaid for a decade.

The more I thought about it, the more I was not sure of it. So, I called my accountant and asked if he sent the email. He said he DID NOT. When I looked at the sender's address it seemed that he added a #1 after the name, which was barely seen. It seems that these thieves do this to get more information about you so that they can look into all of your financial information. Don't get caught in this mess. The next morning, I saw an article in the *New York Times* talking about this very thing. They want to be able to take some of your rightful pension. Be wise and always confirm information with a quick phone call. It will save your FINANCIAL LIFE!

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Monroe School Board

By Doug Poye

If you read the latest issue of *Monroe News* from our municipal government then you already know that badly needed repairs to Applegarth Elementary School will finally be done as a result of the township contributing \$5 million to match \$5 million from the state government. The original building opened in 1936 and has continued to use an antiquated boiler to provide heat to the building: a boiler for which replacement parts can no longer be found. The \$10 million project will allow for a new HVAC system and a new roof. At its February regular meeting, both Superintendent Chanley and Board President Skurbe lauded the “incredible working relationship” between the municipality and the school district. Prior to Skurbe’s election to the Board of Education, other projects were made possible from similar support from the township: the refurbishment of the tennis courts and the later renovation of the track and field at the high school stadium. Both of these

improvements occurred while Mike Gorski was the Business Administrator of the Monroe Schools. Readers might recall that Mr. Gorski has since resigned, following actions taken by Chanley and Skurbe once they ascended to their leadership positions in the district.

During the public forums residents posed questions that went unanswered. Pete Piro, formerly head of security for the district and who is running against Skurbe in the upcoming April election, asked valid questions based on the meeting’s agenda; Skurbe provided no answers nor comments. Questions posed by another resident about the timeline for the Applegarth project also were not answered due to no one on the Board being knowledgeable of those details. One resident expressed her dismay with the discrimination shown by Skurbe in how she did or did not answer questions by the various residents, claiming that such discrimination has been displayed on a regular basis by President Skurbe.

All residents are encouraged to cast their ballots in the special election on April 16. You will be voting on a special proposal to exceed the state-imposed cap on increases in local school budgets for the

fiscal year, which begins on July 1, as well as the selection of three Board members. The separate proposal, if approved, will provide \$2.77 million, which will be used to cover the cost of non-mandated expenses for courtesy busing (for elementary students who live within one mile of their schools and high school students who live within two miles), afterschool busing for students engaged in clubs and sports, expenses relating to extra- and co-curricular activities, and supplies for athletics. In addition, it will allow for hiring four additional teachers, a security officer, and two para-professionals. Also included are the costs for two small facility projects.

If the special proposal passes, the school taxes on the average assessed home value of \$332,281 will increase by about \$24.17 according to Business Administrator Laura Allen. This

(Continued on page 19)

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Home Trends

By Cheryl Hand

Quick Re-Sale Update and Welcome Back to Jersey!

The community real estate market has also had a mild winter. At this writing in early March, it is too soon to predict the outcome for 2024, so I'll just update you on the current status of the Regency re-sales. Some homes coming on the market go into contract quickly – most selling close to the asking price. A multiple bid on a special house is still not uncommon and brings the sale price above the asking. The amount of inventory determines the sales. We'll all have to wait and see what the next few months bring.

Currently there are only five active re-sales available – the same exact amount as this time last year. They range in price from \$718,000 to \$999,000 - (last year's range was \$665,000 to \$865,000 – so prices are currently higher). For a community with slightly fewer than thirteen hundred homes, that leaves little to choose from. Residents: if you have been thinking about selling your home, do it now. It has been proven that the returning 'Snowbirds' list their homes when they arrive back in Jersey. There is currently, and has been for the past few years, a surplus of buyers waiting to move here.

We have three properties that are Under Contract and due to close in the next two-three months (last year we had four).

They range in asking price from \$679,999 - \$699,800 – similar to last year's prices. The sale prices will be reported when the properties have closed.

Since January 2024, five homes have sold and closed, which is a decent start for the year (last year there were six). The closed prices ranged from \$649,900 and went up to \$975,000. The five closed properties averaged thirty-five days on the market compared to fifty-six days last year. In comparison, the three homes currently Under Contract averaged twenty-six days on the market compared to thirty-eight days in 2023. One of them had multiple bids and sold over the asking price. Again, all prices will be reported once the properties close.

That is the latest real estate update on the re-sales in Regency at Monroe. Looking forward to seeing our community come alive with active adults walking the streets in the fresh spring air, colorful flowers, and green grass and trees. Stay Happy! Stay Healthy!

Israeli-American

(Continued from page 9)

a bus trip to attend the Celebrate Israel parade in New York on June 2. This year is especially important to show solidarity with Israel. Please let me know if you are interested.

Finally, on behalf of the Club, I welcome back all of our members who went to Florida for the winter. We look forward to having you back home.

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No Speeding In the Community



Healing with Yoga Therapy



By Jaya Gupta

Hello Friends,

Joint Free Series continues...the fifth and sixth movements are Ankle rotations. Remember to do these rotations in a meditative state (keeping your awareness in that part of your body). These movements can be done on a mat, in a chair or even in bed before you get out of your bed in the morning. It is good practice to get rid of stiff ankles before you try to stand. The other benefits of ankle rotations are good blood flow and no swelling.

1. Both Ankle Rotations in the same direction:

Keep both feet together, thighs and knees straight and bring your awareness to your ankles. This is only ankle movement in a circular fashion. For clockwise rotation, exhale, stretch the top of the feet downwards like Plantar Flexion, inhale and turn both feet to the right, continue and flex the top of the feet back towards your body like Dorsiflexion, and then to the left. Do these six -10 times in clockwise rotation and six -10 times in anti-clockwise rotation.

For some of us, who wear shoes for the whole day or have stiff ankles, this movement can be very challenging. If you have stiff ankles or find it challenging, wait until next month to learn how to work with one ankle at a time. This movement requires you to focus and charges the receptors in your brain. It is a good workout not only for the ankles, but also for the brain to keep away dementia and Alzheimer's.



Front



Right

Back



Left

2. Both Ankle Rotations in opposite directions:

Keep both legs apart in V shape, feet about 20-24 inches apart and rotate your feet in opposite directions ten times in one direction and then the other direction. This movement is natural and does not require any focus and should be easy to do.

Remember that these movements move our joints freely through their range of motion. Listen and feel the crackling sound, discomfort, muscular stress, or stress in adjacent joints. Learn the difference be-

tween good pain and bad pain and slow down before reaching the bad pain. If you are in any doubt or have questions, please join us for free mat/chair yoga classes on Monday and Wednesday at 11:00 a.m. in the fitness room or on Zoom and learn the right way to heal yourself. Enjoy, and don't forget to do them with yogic breath,

that's the key to making them strong and flexible. Until then, take good care of yourself, stay healthy, blessed, and be happy.

Love, Jaya

Seniors Living Corner Chat

By Barbara Berg SRES®, and Keri Zoumas SRES®
Seniors Real Estate Specialist®



Welcome to Barbara and Keri's corner chat on all things senior living. As **Seniors Real Estate Specialist®**, we look forward to offering these series of articles to share information that touches the lives of the senior community. We welcome your feedback and requests for future articles!

Ten Strategies for Emotional Resilience when Coping with Grief and Loss

Grief and loss are inevitable parts of life, but they can become particularly challenging as we age. As we grow older, we experience the loss of loved ones, friends, and even parts of our own identity. These losses can leave us feeling overwhelmed, lonely, and unsure of how to move forward. However, by implementing strategies for emotional resilience, we can navigate grief with grace and strength.

Acknowledge Your Feelings:

The first step in coping with grief and loss is acknowledging your feelings. It is natural to experience a range of emotions, including sadness, anger, guilt, and even relief. Allow yourself to feel these emotions without judgment or criticism. Remember, there is no right or wrong way to grieve.

Seek Support: Don't be afraid to reach out for support from friends, family, or a therapist. Talking about your feelings can provide comfort and validation, and connecting with others who have experienced similar losses can be especially beneficial. Support groups, both in-person and online, offer a sense of community and understanding.

Practice Self-Care: During times of grief, it is essential to prioritize self-care. This means taking care of your physical, emotional, and spiritual well-being. Make sure you're eating well, getting enough rest, and engaging in activities that bring you joy and comfort. Additionally, consider incorporating relaxation techniques such as meditation, deep breathing, or yoga into your daily routine.

Maintain Routines: Grief can disrupt your sense of normalcy, so it is important to maintain a sense of routine as much as possible. Stick to your regular schedule as best you can, including meal-times, exercise, and social activities. Routines provide structure and stability, which can help alleviate being overwhelmed and feelings of chaos.

Express Yourself Creatively: Engaging in creative activities can be a therapeutic outlet for processing grief. Whether it's writing, painting, gardening, or playing music, find a creative medium that allows you to express your

thoughts and emotions. Creativity can help you make sense of your feelings and find meaning in your loss.

Focus on Gratitude: While it may be difficult to find gratitude amid grief, focusing on the things you are thankful for can help shift your perspective. Keep a gratitude journal and write down three things you're grateful for each day, no matter how small. Cultivating a gratitude practice can help you find moments of joy and appreciation, even during challenging times.

Stay Active: Physical activity has been shown to have numerous benefits for mental and emotional well-being, including reducing symptoms of depression and anxiety. Find ways to stay active that you enjoy, whether it's walking, swimming, dancing, or practicing tai chi. Exercise not only boosts your mood but also provides an opportunity to connect with others if you choose to participate in group activities.

Set Boundaries: During times of grief, it is important to recognize your limits and set boundaries to protect your emotional energy. This may mean saying no to social engagements that feel overwhelming or setting aside time for solitude and reflection. Be willing to communicate your needs to others and ask for space when you need it.

Engage in Spiritual Practices: For many people, spirituality provides a source of comfort and strength during times of grief. Whether you practice a specific religion or follow a more secular spiritual path, engaging in rituals, prayers, or meditation can help you feel connected to something larger than yourself. Find practices that resonate with you and incorporate them into your daily life.

Be Patient with Yourself: Healing from grief takes time, and it is important to be patient with yourself throughout the process. Allow yourself to grieve at your own pace and recognize that healing is not linear. There will be good days and bad days, and with time and self-compassion, you will find moments of peace and acceptance.

Coping with grief and loss in later life requires resilience, self-care, and support from others. By acknowledging your feelings, seeking support, and practicing self-care, you can navigate the grieving process with grace and strength. Remember to be patient with yourself and to prioritize your well-being as you move forward on your healing journey.

Healing Ourselves Naturally



By Steven Soffer N.D. MH
The History of the Universe is in You

Growing up in Brooklyn in the fifties, I rarely got to see the stars. Of course, I saw some stars! But with all the city lights, I never really knew how vast the universe looked. When I was thirteen, I spent the summer in California with my cousins. It was an August night and the Perseid meteor shower was about to begin. This is the most exciting meteor shower of the year. I had never seen a meteor before. We had sleeping bags and lay on our back looking at the heavens. Every ten or fifteen seconds, a light would fly by. This was a meteor.

One of my cousin's friends had just received a telescope for his birthday. He brought it that day. I was looking through it, having no idea what I was looking at, and just by chance I fell upon the planet Saturn. I was looking at Saturn in real time! Holy Sh..! I couldn't believe it. The feeling I felt watching Saturn in real time blew me away. From that day on, I have been fascinated by the heavens. I am a student of astrology and some astronomy and the divinity of the Universe itself.

In 1990, The Hubble telescope was invented and launched. Miraculously, earthlings could now go back 13.4 billion years to almost the beginning of time to the star Icarus. Then in December of 2021, the Webb telescope was launched. Approximately thirty years later, the Webb telescope was the Hubble on steroids. We could go back 13.6 billion years to when stars were born, and the origin of the Universe filled us with new and exciting information about the cosmos.

With the newfound popularity of Astronomy and the upgraded quality of telescopic lenses, normal people like you and I with interest in the cosmos can now see it for ourselves. With the aid of NASA and one of its companies Skynamix, now you and I can see the cosmos close up. Skynamix has produced incredible special telescopic glasses that work with your smartphone. With the various available apps that are downloadable, one can see anything in our solar system. Want to see the Mars Rover on Mars? Just program your smartphone to see Mars. Put on the glasses and like the windshield on your car, information pops up. It will tell you exactly where to turn and how much just by looking through the glasses. When everything on the viewfinder pops up, you can see the Mars Rover as if you are watching TV live in real time.

My cousin works for NASA. He tried these glasses on. He really wanted to give it a thor-

ough test. First, he saw the rings of Saturn close up just by looking at the planet. Then he decided to go to Uranus. He saw those rings as well! He went three billion miles out and was able to see Pluto. He could go beyond Pluto and see the dwarf planet Ceres and others beyond that. How totally incredible! Want to test out a pair of these glasses? NASA is selling them for \$10,000 a pair. They come with a lifetime warranty and instruction manual and other available apps to see even beyond our solar system. It's really totally incredible! The lenses are the same grade as the Webb telescope. They are unbreakable and scratch resistance.

If you want to try these glasses on and look at the planets, this is what you do.

- From April 20 - June 7, August 27 - September 20, and December 12 - December 31, you can see Mercury clear as a bell in the morning with these glasses.
- From March 9 - April 4, June 22 - August 12, and October 15 - November 30, you can see Mercury in the evening.
- From January 1 - April 28 you can see Venus in the morning.
- From July 11 - December 31, you can see Venus in the evening.
- From January 10 - December 1, you can see Mars in the morning.
- From June 2 - December 7, you can see Jupiter in the morning.
- From January 1 - May 5, and December 7 - December 31, you can see Jupiter in the evening.
- From March 17 - September 8, you can see Saturn in the morning.
- From January 1- February 12 and September 8 - December 31, you can see Saturn in the evening.

We can learn the history of all life from the heavens. The four most common elements in the Universe are carbon, oxygen, nitrogen, and hydrogen. These are also the most common elements in the human body. This means we are made of the same stuff as the stars. The spirit of the Universe is a living thing and lives within every breath we take. This spirit is inside every human being and in every living thing. Behold, the living spirit of God is in every breath you take.

Today is April first. Telescopes do exist and all the dates about the planets are accurate, but the glasses have not been invented yet. Someday maybe soon...April fools! Steve welcomes questions and comments from free-thinking individuals.

Board of Education ELECTION
The 2024 Monroe Township School Board Election will take place on April 16, 2024.

M&M Movie Minutes



By Marcia Milgrom and Marilyn Jaclin

Society of the Snow

M and M had a difficult time deciding on a movie since there were so many Academy Award films online. Yet, Marilyn in Florida and Marcia in Jersey, accidentally came up with *Society of the Snow*. This is a terrifyingly true story that has been retold several times. It took place on October 12, 1972, when the Uruguayan Air Force flight 571 crashed in the Andes Mountains. A former movie *Alive* was released in 1993. J.A Bayonne has adapted this story from Pablo Vierci's book *Alive: The Story of the Andes Survivors*.

The film begins when we see

some of a team of rugby players about to head for Chile for a competition. It is a would-be adventure for some players who have never even left home. Narrated by Numa Turcatti (Enzo Vogrinic), he ultimately becomes the leader of the group. Numa is one of the players who was encouraged by his friend Roberto (Matias Recalt) to take the trip. Numa provides commentary during the entire film. It was not long before the flight took off that the plane crashed, torn in two, on a big white mountain. Most passengers were killed instantly. All that surrounds the survivors are the white mountains. Although there was a search, it was called off after several days. One by one we see people dying under an avalanche. The survivors were forced to cannibalism. Roberto and Nando (Agustin Pardella) emptied the plane for food and gave pep talks, telling survivors to have faith. They tried to get the plane's radio to work but that failed. All that

was left to do was head for Chile.

When there was a thaw in the weather two young starving members of the rugby team left the survivors and headed out for Chile to find help. They had no gear or climbing experience. Yet, they made it to civilization and guided rescue helicopters to the crashed airplane. The incident made international news. Many survivors were ashamed about cannibalism.

This was a hard to watch film. Although *M and M* were riveted to their Netflix screens, they would not want to see this movie again. It was an engrossing film focusing on the human spirit. How difficult it was to have the mental capacity, energy, and faith to keep physically and psychologically unbroken knowing you might die at any time. This is a true story, which makes it worth watching if you have the strength. It's not for everyone. If you can handle the emotions and death scenes, it is a well-done movie.

Pet Corner

By Bea Siegel

24 Hour Emergency Animal Hospitals

New Important Information
 EmergencyVet247.com is a directory of emergency animal hospitals/emergency veterinarians covering all 50 states. This is great, because if you're driving cross-country with your canine companion or feline friend and a serious problem occurs, just log onto them. No matter where you are far from home. If possible, first call your veterinarian for their input that you can relay to any veterinarian to make it easier for your situation.

Northstar Vets - Veterinary Emergency Trauma and Specialty Center, 215 Robbinsville-Allentown Road, Robbinsville, NJ, or 2834 Rt. 73 North, Maple Shade, NJ, 609-259-8300. Northstar is also a referral hospital that your veterinarian might refer your pet to and is about 30-40 minutes from here.

Garden State Veterinary Specialists, 1 Pine Street, Tinton

Falls, NJ, 732-922-0011

Red Bank Veterinary Hospitals, Specialists in Veterinary Medicine

- 197 Hance Avenue, Tinton Falls, NJ, 732-747-3636
- 1425 East Marlton Pike, Cherry Hill, NJ, 856-429-4394
- 210 Route 206 South, Hillsborough, NJ, 908-359-3161
- 535 Maple Avenue, Linwood, NJ, 609-926-5300
- Jersey Shore Veterinary Emergency Service, 1000 Route 70 East, Leisure Square Mall, Lakewood, NJ, (Ocean County)



732-363-3200

Ocean View Veterinary Hospital, 2033 Route 9 North, Cape May, NJ (Court House), 609-486-5025

Animal Medical Center, 510 East 62 Street, New York City, 212-838-8100

Center for Veterinary Care, 236 East 75 Street, New York City, 212-734-7480

(Continued on page 16)

732-257-6254

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Pickleball Fever... Catch It, Feed It, Spread It!

By Bob Zyontz

If you love pickleball, or are interested in learning to love pickleball, then “Come Pickle With US!” The Regency Pickleball Club promises to make 2024 an exciting year of fun and friendship. With the arrival of Spring, we’re keeping our eye on three important initiatives that are sure to draw attention and energize our pickleball community.

First, the Club is holding its 2024 membership registration drive to re-sign our veteran players and recruit new ones. The vibe surrounding pickleball is quite strong at Regency, and the bonds of respect, sportsmanship, and camaraderie among our members are even stronger. This sport continues to grow in popularity and is one of the activities central to our active adult lifestyle. If you are interested in joining, meeting, and having fun with a great group of people, you can pick up an application at the Clubhouse, or download it from regencyatmonroepickleballclub.org (more about that later). The membership fee for 2024 is only \$25.00. Please make your check payable to Regency Pickleball Club and return your application and membership fee (checks only please) to Harriet Blumenstock. Please drop it off in the lower mailbox at 34 Masters Drive.

Second, expectations are high as we await the completion of our new, six-court pickleball complex sometime in May. As excitement builds, the Club, according to President Lisa Citron, has big plans to keep those courts busy with a full schedule of game play and monthly social events that are sure to draw large crowds and make lasting memories. The season kicks off with the “Ribbon Cutting Ceremony” and celebration to inaugurate the new pickleball complex. That will be followed by a “Line Up for Ice Cream Social,” “Paddles and Pretzels,” “Serving Up Muffins,” the “Play for Pink Luncheon,” and concludes with our “End of Season Gala.” Our annual tournament will take place in June, and league play will run through August. We’ve also added a new activity to challenge our members this year. It’s the “Minor League Challenge Series” that will keep us sweating through September. And lest we forget that beginner and intermediate level clinics have been scheduled for each month, as well as Ladders for all of you bangers, lobbers, and dinkers, so keep your court shoes on and your water flasks filled to the brim.

You’ll find more information at regencyatmonroepickleballclub.org. Our new website, launched on March 1, represents the third initiative, and it has propelled the Regency Pickleball Club into the digital age. The website effort was driven by webmaster Gary Ramella. Gary, with support from his fellow Pickleball Club Board members, and Club member Jerry Lefkowitz, worked with a web hosting service that specializes in providing sports leagues and clubs with a simplified, one-stop management platform. With their help, Gary built out a robust site that is content-rich, easy-to-navigate, and cost-effective.

The website has become our information hub and the go-to resource for all things Regency pickleball. The site provides the Club with all the on-line tools needed for effective sports club management – from a calendar of events and event registration to game scheduling, communications, and more. It also serves as an archive for all videos and photos that will be compiled from this season’s activities. A new Regency Pickleball Club 2024 TeamReach site will be activated for new members, and available exclusively for member-to-member direct messaging. All scheduling and event sign-ups are now being done on the website.

2024 promises to be an exciting and rewarding year as the Board continues to focus on its mission of building and sustaining a vibrant and inclusive pickleball community. And always remember that a day without pickleball is like... just kidding. We have no idea.

The Regency Pickleball Club 2024 Member Application

The vibe surrounding pickleball is strong across Regency. This sport continues to grow in popularity and is one of the activities that drive our active adult lifestyle. If you are interested in having fun with a great group of people, please complete the form below and **Come Pickle with US!**

Name _____

Address _____

Cell Phone _____

Email Address _____

Membership Fee: The fee for 2024 is \$25.00.

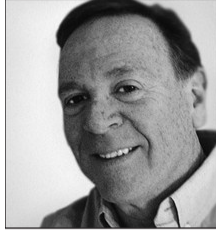
Please make checks payable to Regency Pickleball Club.

Please return your completed application with your \$25.00 membership fee (**checks only**) to Harriet Blumenstock – drop off in lower mailbox at 34 Masters Drive. You can also get more information by visiting regencyatmonroepickleballclub.org

Disclaimer: By signing this document, I acknowledge that I have voluntarily chosen to participate in the activities of The Regency Pickleball Club, a New Jersey Non-Profit Corporation. I assume all risk, and, on behalf of myself, my beneficiaries, dependents, and personal representatives, release, hold harmless and indemnify First Service Residential, Regency at Monroe Homeowners Association, Inc., The Regency Pickleball Club, a Non-Profit Corporation, and each entity’s affiliates, subsidiaries, shareholders, members, directors, officers, employees, volunteers, staff and agents from any responsibilities, liabilities, financial damages, or claims related to my participation in any of the activities of The Regency Pickleball Club, a NJ Non-Profit Corporation. I am aware that pictures from Club events will be posted on our Pickleball Club website.

_____ Date
Member Signature

There’s No Joy in Mudville, but Plenty of it at Regency



By Bob Zyontz

Sweat dries, blood clots, and bones heal, so toughen up, this is softball. That, in a nutshell, is the Monroe Senior Softball League (MSSL). For the almost 50 Regency residents who are trying to re-capture their past glories and become the heroes they were back in the day, this is the prevailing attitude. Sure, we should know better, but for many of us softball is not just a game, it’s our passion and a big part of our active lifestyle. Now that spring has arrived, ball players across our community, as well as across Monroe Township, are dusting off their cleats and oiling up their gloves in advance of May 21 when the MSSL opens its 2024 season. Coming off a successful 2023, the Board of Directors has announced that the league is expanding and will add an eighth team this year. With the excitement building, here’s a snapshot of what everyone can expect this season.

Our player registration initiative began last fall with an emphasis on bringing new players into the league and retaining as many of our original, veteran players as possible. At this point, interest is higher than expected, and as a result, a growing number of Regency residents have signed up for the first time. The same goes for the other active adult 55+ communities around town. As of this writing, we have 108 players and are rapidly closing in on our target of 120.

The search for new sponsors has generated positive results. Both Princeton Orthopedic Associates and Regal Construction have agreed to sponsor teams, and we welcome them to the MSSL family. While that’s good news, we are still looking for one or two more local businesses that see the value of sponsoring a team, and being associated with a successful organization with a demographic that could generate business for them. If you know of any local business that would be a viable prospect for us, please contact league commissioner Bobby Harris at roberttharris44@gmail.com.

This year, the league will be hiring certified, United States Specialty Sports Association (USSSA) umpires to call its games. This will ensure that quality, experienced, and consistent officiating will be available at every game and relieve our “volunteers” of that responsibility. While this is certainly an upgrade, the bigger news is that Regency’s very own Richie Greenberg, umpire, and softball expert extraordinaire, will be back behind the plate. He plans to call his fair share of games

(Continued on page 17)

The Regency Tennis Club



By Steve Brody

Get Ready for the 2024 Tennis Season

Welcome to April! April showers bring May flowers, and it also brings the opportunity to play tennis outdoors especially in the late morning and afternoon hours. The official start of our club season is Saturday, June 1. I’m working with Eric (tennis pro) in having him back to run the skills and drills as he has done in the past. A full list of our club events is included on page 17. What is not listed on the schedule as of this writing is what night will we have “Liked Skilled Matches.” We started this last year on Wednesday nights and were rather successful in the beginning weeks before too many evening conflicts started to occur. I am determined to do this again but need to get feedback on what night would work best.

During the fall and winter months a group of us who stayed up north played indoors, some of us two or three times a week.

Hopefully as the weather warms up, we will be able to transition smoothly to our outdoor courts and deal with the sun and wind. Although the official start of the season is not till June 1, we will have some pop-up events during April and May, weather permitting. Notification of such events will be sent via the email distribution list I have as well as the Team Reach app. If you are not on either of those write to me and I’ll add you to them.

Since the end of last season, I have had some newly moved in residents inquire about our club and hopefully they will join. The club membership fee will increase to \$20, up \$5 from last year. The registration form is included with this article. The membership fee covers the purchase of tennis balls and water and helps offset the cost of food for some of our events.

In the past some club members have asked about coordinating a trip to the US Open in Flushing, Queens. I have talked with our Lifestyle Management team to see if there is a community wide interest. Hopefully there will be enough community interest so that they are able to work out agreeable pricing and transportation. Stay tuned for more information in the near future.

That’s all for now. See you on the courts.

Regency Tennis Club 2024 Membership Form Dues are \$20— Season runs June – September

New Member [] Returning Member []

Name: _____ Level of Play – 4.0, 3.5, 3.0

New Player

E-Mail: _____

Cell Phone # _____

Name: _____ Level of Play – 4.0, 3.5,

3.0 New Player

E-Mail: _____

Cell Phone # _____

**Checks ONLY: Made out to Regency Tennis Club (R.T.C)
Place in bottom of mailbox at: Steve Brody 9 Medinah Court**

Pet Corner

(Continued from page 15)

Veterinary Surgical and Diagnostic Specialists, 34 Trenton Lakewood Road, Clarksburg, NJ, 609-259-8300

Central Jersey Veterinary Emergency Service, 643 Route 27, Iselin, NJ, 732-283-3535

Brick Town Veterinary Dental Referral; 251 Chambers Bridge Road, Brick Town, NJ, 732-477-9440

AHC - Animal Health Care of Marlboro, 299 Route 9 South (at Union Hill Road, near Shop Rite), Englishtown, NJ, open seven days a week.

• Monday through Friday - 8 a.m. to 8 p.m.

• Saturday - 8 a.m. to 2 p.m.

• Sunday - 9 a.m. to 2 p.m., 732-972-3201

ANIMAL POISON CONTROL, 888-426-4435.

Specialists

Animal Dermatology, 82 Newark Pompton Turnpike, Riverdale, NJ, 973-832-2383

Veterinary Oncology, West Chester, Pennsylvania, 610-692-6272

**If you need a license
for your dog or cat:**

Contact Monroe Municipal

Clerk’s Office, Municipal Plaza, Schoolhouse Road, Room 108, 732-521-4400

If your pet is lost, call this non-emergency police number: 732-521-0222, or call Animal Care Control, 732-521-0222, x 225.

For animal abuse, call Police Headquarters, 3 Municipal Plaza, Monroe Township

Other Important Information

If possible, call first before taking your pet to any emergency animal hospital so they can prepare for your arrival. Have as much information as possible about what medical issues your pet is experiencing, so they can advise you of any necessary information.

Do not take it upon yourself to medicate or give pills to your pet until you speak to a veterinarian; there could be adverse reactions.

Don’t forget to microchip your pet.

Check your pet’s gums; they should always be pink; any other color is definitely a trip to the animal hospital, i.e., blue (lacks oxygen); pale pink or white (blood loss); purple (slow capillary refill); bright red (maybe fighting infection).

Regency Golf Schedule

Monday, April 1 – Course Opens
 Monday, April 29 – Ladies Opening Day Breakfast and Rules Seminar
 Thursday, May 2 – Men’s Opening Day Breakfast and Rules Seminar
 Monday, May 6 – First Day of Ladies League
 Thursday, May 9 – First Day of Men’s League
 Thursday, May 16 – Nine and Dine at Concordia
 Friday, June 7 – Nine and Dine at Regency
 Saturday, June 15 – “New” Parent-Child Scramble Format (Bring Son, Daughter of Grandchild)
 Saturday, June 22 – Men’s Member-Member
 Saturday, June 29 – Ladies Fun Day at Regency
 Thursday, July 11 – Nine and Dine at Knob Hill
 Monday, July 15 – Club Championship Qualifying (Ladies)
 Thursday, July 18 - Club Championship Qualifying (Men’s League)
 Monday, July 22 - Club Championship Qualifying (Ladies)
 Thursday, July 25 - Club Championship Qualifying (Men’s League)
 TBD – Club Championship (Multiple Dates)
 Saturday, July 27 – “New” Saturday Jamboree
 TBP – Nine and Dine at Peddie Golf Club
 Saturday, August 10 – Men’s Member-Guest
 Friday, August 16 – Nine and Dine at Regency

Mudville

(Continued from page 16)
 and provide knowledge, experience, and his own brand of levity. Richie never fails to teach us something about the game we love, and we are thrilled to have him back. All league games will still be played on Tuesdays, Wednesdays, and Thursdays from 9:30 a.m. to 12 noon at the Thomas L. Allen Softball Complex, 76 Gravel Hill Spotswood Road. This season, the Board has determined that for the benefit of the league, games will be scheduled on all three fields.

At the end of last season, we played our Pitch for Pink charity game in front of a large crowd and raised over \$13,000 for breast cancer research. It truly was a magical night, and if it isn’t broke, we’re not going to fix it. Instead, we’ll fundraise for another worthy organization and look to attract another huge crowd to another memorable game to be played under the lights. More details to follow. With opening day rapidly approaching, please mark your calendars for Tuesday, May 21, and come on down to root for your favorite Regency players. For more information on the MSSSL, please visit monroesenorsoftball.com.

Tuesday, August 20 – Night Golf
 Thursday, September 12 – Nine and Dine at Concordia
 Saturday – September 14 – “New” Family Day
 Friday, September 20 – Play for P.I.N.K. Event
 Wednesday, September 25 – Ladies League Dinner
 Saturday, September 28 – Men’s League Lunch
 Thursday, October 31 – Course Closes

Expanded Income Limits for NJ Senior Freeze Program



By Mayor Stephen Dalina

As you know, we continue to fight for affordability and property tax relief both at the state level and here in Monroe. Last year, with my strong urging, the Governor and state legislature increased the income eligibility for the New Jersey Senior Freeze program for the 2024 filing season, which takes effect this year. I am writing today to make sure our residents who may qualify now for Senior Freeze are aware of the program rules and expanded opportunity.

The New Jersey Senior Freeze program provides state-funded checks to offset, or “freeze” increases in property taxes for eligible senior citizens and people with disabilities on their principle homes each year.

Beginning with the 2024 filing season, the Senior Freeze program has broadened its qualifying income limits and is now accepting individuals with incomes up to \$163,050. The State has also reduced the residency requirement from 10 to 3 years. These adjustments open the doors to more Monroe residents who may have previously been ineligible for the Senior Freeze program.

To qualify you must meet all the state requirements including:

- You must be age 65 or older on December 31, 2022, or receive Social Security disability payments on December 31, 2022. You must own

(Continued on page 19)

Regency Tennis Schedule

NOTE Bullets not needed

Saturday, June 1 – 9:30 – 11 a.m. – Opening Day
 Friday, June 7 – 6 – 9 p.m. – Tennis/Pizza
 Saturday, June 22 – 9 a.m. – 1 p.m. – Color War
 Sunday, June 30 - 6 – 9 p.m. – Tennis/Pizza
 Sunday, July 14 - 9 a.m. – 1 p.m. – Breakfast at Wimbledon
 Sunday, July 21 - 6 – 9 p.m. – Tennis/Pizza
 Saturday, August 10 – 9 a.m. – noon – Mixed Doubles
 Sunday, August 18 - 6 – 9 p.m. – Tennis/Pizza
 Sunday, September 8 - 6 – 9 p.m. – Tennis/Pizza
 Sunday, September 29 – TBA – Year-end Celebration

Bocce Ball Schedule

Bocce Ball starts on **Monday, April 8** at 4:30 p.m.
 We will be playing on **Monday and Wednesday** at 4:30 p.m.
 Call Carmine Carrara—
732 656 3134
 Or just stop by the Bocce courts

Ladies Ping Pong

Fridays from 3 - 4 p.m.
 Clubhouse Fitness Room
 Contact Harriet Silverstein
908-208-0864
harrietsil@gmail.com

Regency Reporter Updated Delivery Procedures

If you live in the newer sections (formerly Fairways) of Regency and are experiencing newspaper delivery problems, please call Vinny Valerio – 516-317-2935

If you live anywhere else in Regency please call Linda Strauss, 732-656-0140. Do not call the concierge at the Clubhouse. Do not call or email Barbara Bickel. Do not call or email Nina Wolff.

Call Vinny Valerio for newer sections (formerly Fairways) issues: 516-317-2935
 Call Linda Strauss for other Regency delivery issues: 732-656-0140.
 Linda and Vinny handle all Reporter delivery issues.

Scrabble Scribbles



The Regency Scrabble Club

Join us for Scrabble each **Monday at 1 p.m. in the Multi-Purpose Room**
Thursday at 7 p.m. in the Multi-Purpose Room
 For information, contact Linda Litsky
linlit32@gmail.com · 732.492.0921

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An Unforgettable Vacation in Northeast India: Part 2



By Bharat Doshi

In February 2023, my wife, Shilpa, two close friends, Haren and Gita Master (also residents of Regency at Monroe), and I spent 12 days touring four out of the eight States in Northeast India. It was a unique experience being in India and observing markedly different people, their history and culture, geography, and climate. During our trip, we visited As-



One-Horned Rhino in Kaziranga National Park in Assam, India.

sam, Manipur, Nagaland, and Meghalaya, far from the higher mountains of Himalaya in Arunachal Pradesh and Sikkim. In Part 1, I described the people, culture, and food we observed and experienced. Here I discuss geography, climate, distinctive features, and wildlife in these four States.

Geography, climate, and distinctive features: The areas we visited were a mix of flat land near the Brahmaputra River, hills, and valleys. The climate is subtropical with mild winters, humid summers, and significant rainfall. Cherapunji and Mawsynram in Meghalaya get the highest rainfall in the world. The average annual is over 450 inches, all in three to four months of monsoon. That is over four inches per day on average! The record for a 24-hour period is over 40 inches! During monsoon, the rain creates spectacular waterfalls, and floods. Interestingly, in February (toward the end of the dry season), vegetation and grounds were dry and dusty, and we could see only two beautiful waterfalls. We did see an interesting feat of innovative engineering enabled by the heavy rainfall. People of the Khasi tribe have created over a hundred living-root bridges over rivers, streams, and creeks. They guide roots of rubber trees from two banks to the opposite banks. When roots meet, they intertwine and continue going further to make a 'rope' between two trees. When enough of these 'ropes' get developed at different heights, they pour 'mud' on the floor roots and let it dry to make a walking plank. This bridge continues to become stronger with new rainfall every year. We saw one of these, a relatively shorter one. Tens of people can cross this bridge at the same time! Heavy rainfall allows fast enough root growth to 'build' such a bridge in five to 10 years.

We saw another unique place,

the Loktak Lake, in Manipur. It is the largest freshwater lake in South Asia with a surface area varying between 250 and 500 square kilometers depending on the season. The lake is full of interesting phumdis. Each phumdi is a heterogeneous floating landmass of vegetation, soil, and other organic matter that has thickened to a solid form. These floating islands vary from those small enough to take a boat over it to those large and stable enough to build a house (and people have done that) to the largest one covering an area of 15 square miles. This largest floating island contains Keibul Lamjao National Park, the last natural refuge of the endangered Sangai deer.

Another interesting place we visited is Majuli, the largest river island in the world. It was about 500 square miles in the eighteenth century, but erosion has reduced its size to about 135 square miles. This is one of the important cultural centers of Assam, with a population of about 150,000,

spread over more than a hundred villages. The island has many Satras (Hindu Monasteries providing broad education), colleges, dance schools, mask making schools, and handloom schools. They have preserved their unique artifacts, textiles and dresses, dance forms, festival traditions, and food, all within a mile from the riverbank.

Wildlife. The States we visited have a unique mix of flora and fauna. Many birds are unique to this region and several endangered animal sub-species live here. Manas, Nameri, Nokrek, and Kaziranga are some well-known National Parks with rhinos, tigers, buffaloes, elephants, deer, and other animals roaming in them. We visited Kaziranga National Park and had two Jeep Safaris and one Elephant Safari (we were on an elephant watching other animals in proximity). We saw many one-horned rhinos. More than 85% of the world's population of one-horned rhinos live in this park. We also saw elephants, various deer types, wild buffaloes, and many local birds. There are about 120 tigers in this park. While we waited quietly on a raised platform, no tiger came out of the bushes at twilight. Interestingly, a group visiting the day after we left, saw a buffalo chasing a tiger away. Kaziranga (outside the National Park) is also home to an indoor garden with over 600 varieties of orchids, and a dance school where we saw a wonderful hour-long performance of folk and classical dances performed by the students.

An interesting history to end this narrative. Manipur and Nagaland played a key role in WWII. British and Indians (including many locals) fought Japanese arriving from Myanmar (Burma at that time) and stopped the advance to India right there. We visited a couple of museums celebrating the bravery of the locals.

Board of Education Candidates Share Their Points of View

Six residents seeking election to the Monroe Township Board of Education have been asked to offer brief information about themselves, their families, and their interests in volunteering to serve as members of our local school board. Each candidate was asked to reply to three questions in 150 words or less. The candidates' comments are listed in ballot position order. The questions will be noted at the beginning of the article and will not be repeated for each reply. It is important that we, as residents, taxpayers, and members of this community, take the time to learn more about our school system and those who volunteer to govern it. Their comments have not been edited.

April 16 is Election Day. Please vote! Our students deserve your support.

The Questions

1. How long have you been a resident of Monroe Township
2. Have your children (if any) previously or currently attend any of our Monroe Township schools
3. Why we, as voters, should offer you consideration as a potential member of our Board of Education.

The Candidates, In Ballot Position Order

1 - Raghu Chittri

I've been a resident of Monroe Township since 2015. My son has graduated from MTHS in 2022, and currently my daughter is attending 8th grade (MTMS). I believe that a strong education system not only shapes the future of our children but also plays a vital role in overall development of our society. This belief, combined with my professional background and my involvement as Volunteer, has fueled my desire to serve on School Board and help shape policies, decisions that guide our district. If selected, I'm committed to:

- Make informed and independent decisions for the betterment of students
- Ensure that our schools provide a high-quality education that prepares students for success in an ever-changing world.
- Making fiscally responsible decisions that allocate resources efficiently, balancing the needs of students, educators, and the community.

- Establishing open lines of communication to foster a collaborative and supportive educational environment

2 - Peter Piro

Over 36 Years. I have three children who have graduated from MTHS. I have dedicated my life to advocating for a safe community, and I believe that every child deserves to learn in a safe and secure environment. I retired from the Monroe Township Police Department, where I was a Detective Sergeant. After retiring, I worked for our school district as the Director of Security and was responsible for safety trainings, safety plans, and procedures and protocols throughout our schools. I built a strong rapport with our students, staff, parents, and community. I believe my experience in the community and in our schools

will allow me to bring creative and proven strategies to further education, safety and wellness for our students and staff. I am prepared to bring new ideas and solutions to better make our schools better for all. Please vote Peter Piro, line 2.

3 - Charles Zeichner

10 years. I have two daughters, both teachers who graduated in another district. I have dedicated my life and career to Education. My many years of diversified experience in education and leadership gives me firsthand experience in seeing what works and what doesn't. I was a teacher for many years before becoming an Administrator. My administrative experience includes: Director of Curriculum and Instruction; School Principal, Director of the Child Study Team. Looking at the current state of things here in Monroe, I believe positive changes are needed. From what I've witnessed firsthand, we need to bring back sanity to our board. We need to create an atmosphere of trust and confidence that seems to have evaporated over the years. I have the experience to "right the ship" and drive changes to propel our schools to the next level. Please vote Charles Zeichner, Line 3.

4 - Usha Sharma

12 years. I have two sons who have graduated from MTHS. I have a background in Finance and am presently employed in the Financial industry for the past 25 years. I believe my background in Finance will make me qualified to help our Board of Education ensure that our tax payer dollars are being spent efficiently and appropriately. I will ensure that all the rules, regulations and Board policies are followed, all while driving fiscal responsibility. Our school system is spending money at record budget levels and I believe that it is time to take a closer look at our budget and our spending to find efficiencies. I want to understand our budget shortfalls and fix


them without necessarily raising taxes. I want to take our schools to the next level and assure that we do it in a way that benefits all stakeholders. Please vote Usha Sharma, line 4.

5 - Christine Skurbe

22 years 1 child in 4th grade, 2 graduated MTHS. I've been an education advocate for 18 years. I founded the Oak Tree PTA and served as President for 6 years. I was instrumental in getting the Board of Education to renovate Applegarth School, removing asbestos, lead paint and addressing lead in the water. I was the Barclay Brook/Brookside PTA President, Middle School PTO Vice President, member of MTHS PTO and MTHS Booster Club. I regularly attended Board of Education meetings for 15 years, where I advocated for our students and staff. For the last 3 years that I have served as a Board of Education member, I have dedicated myself to ensure all stakeholders are considered in decisions. Our school district has gone through many positive changes these last 3 years and I want to continue further improving our schools to drive higher student achievement.

6 - Matthew Gorham

32 Year Monroe resident. Raised a family and love living in Monroe. My 3 sons and 2 stepsons are all graduates of Monroe. I deserve serious consideration as a board member because of my lifelong dedication to education. I proudly served as a teacher in Monroe Twp for 37 years. I had the pleasure of educating thousands of students in Monroe. My passion for education lives on and my experiences being on the frontline of our school system gives me a keen insight to what works and what needs fixing. Unless you are involved in the day-to-day activities of a school system it is hard to understand its strengths and weaknesses. I am a strong advocate the children of Monroe.


WE


The Henry Ricklis
Holocaust Memorial Committee and
The Monroe Township Human Relations
Commission

Presents:
**REMEMBERING
THE HOLOCAUST
AND HONORING OUR SURVIVORS**

Please join us for a poignant program including speeches from
Holocaust Survivors, Candle Lighting, High School Essay Winners.
Coming together as a community to remember.

Sunday April 28, 2024
2:00 p.m.
Monroe Township Senior Center


REMEMBER

Senior Freeze

(Continued from page 17)

and have lived in your home since December 31, 2019, or earlier and still live in and own that home on December 31, 2023.

- Annual income must be \$150,000 or less in 2022 and \$163,050 or less in 2023. (Note: All gross income must be taken into account, including Social Security, pension, IRA distributions, etc.)
- All 2022 property taxes must have been paid by June 1, 2023 and all 2023 property taxes by June 1, 2024.
- The Deadline to apply is October 31, 2024

Applications for the current 2024 Senior Freeze program have been mailed to previous applicants at the address from which taxpayers filed. However, if you have not yet received a booklet, there's no need to worry. Simply reach out to the New Jersey Division of Taxation's Information Line for assistance at 1-800-882-6597.

In addition to traditional mail-in applications, qualifying residents now have the option to apply through a new direct online service at njportal.com/taxation/ptr. This user-friendly platform allows you to complete

your application from the comfort of your home, eliminating the need for paper forms and postage.

While many of our residents will complete the process on their own, we are here to help if needed.

Tax Collector's office

Please complete the top portion of the Homeowners Verification of Property Tax form and the Tax Collector's office will certify that taxes were paid. The Tax Collector's office will help fill out the bottom portion of the "homeowners verification form". You may contact the Tax Collector's office at 732-521-4400.

Monroe Senior Center

Should you require assistance with completing the remainder of the application, you can then make an appointment with our Senior Services staff members at 609-448-7140 to assist you.

Of course, our municipal representatives will do their best to assist, but please be mindful that some circumstances require the state to be involved.

To learn more about the Senior Freeze Program and how to apply, visit NJ.gov/treasury. This website provides comprehensive information about the program's eligibility requirements, application process, and other resources.

Fire Districts #2 and #3 for Each Awarded \$75K American Rescue Plan Firefighter Grant

Mayor Dalina congratulated Monroe Township Fire Districts #2 and #3 as they announce their success in each securing \$75,000 grants, for a total of \$150,000, as part of the state of New Jersey's \$20 Million American Rescue Plan (ARP) Firefighter Grant Program.

"Safety comes first in Monroe Township and that includes making sure that our first responders are outfitted with the equipment necessary to safely perform their duties every single day," said Mayor Dalina. "I would like to commend both fire districts #2 and #3 for securing these funds from this State sponsored grant program that will help purchase this important equipment."

Monroe Township Fire Districts #2 and #3 were awarded the maximum amount possible for this grant. The funds can be used to cover the costs of various equipment items such as personal protective equipment, advanced cleaning equipment, oxygen equipment, and other equipment approved by the Division of Local Government Services.

"This grant award is a major step toward ensuring the safety of our firefighters by covering the costs of many personal protective equipment

items that are often used to keep our residents safe," said Jason Martin, Chairman of Fire District #2 Board of Fire Commissioners.

"Our fire district is pleased to be one of the 353 fire departments in the state to receive this important grant award," said Les Barta, Chairman of Fire District #3 Board of Commissioners. "These funds will ensure our that our personnel have the equipment necessary to ensure their safety."

Become One of the Regency Reporter's Contributors!

Do you have a special interest?
Do you have information to share?
Do you love to write?
Why not join the Regency Reporter team?
We are always looking for new contributors!
The Regency Reporter would love to have you!
Contact Nina Wolff to discuss your ideas.
nwolff0325@aol.com

CLASSIFIED ADVERTISING

Home Improvement & Services

MIKE THE HANDYMAN – See my display ad in this edition. (732) 780-0468.

Help & Health Services

AT ANGEL TOUCH HOME CARE we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

ANNA'S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

Wanted to Buy & Sell

BUYING & SELLING GUNS – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

Miscellaneous EQUINOX TRAVEL AGENCY Let us plan your next vacation. Call/text Nancy (732) 690-3542. www.equinoxtravelus.com

Transportation

BOB'S RIDES FOR CASH. All airports and N.Y.C. Locals. Concordia resident. Call Bob at (609) 819-1240.

AAA TRANSPORTATION— Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

LIMO GUY — Our 22nd year. We go almost anywhere. Upgraded SUVs. \$100 to Newark Airport. \$205 Philadelphia. \$205 JFK. We go almost anywhere. 24/7. Call (732) 803-2521.

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SHANNON'S SUNSHINE Cleaners — friendly faces. Fast service. Fully insured. 908 413 0961.



Please observe all STOP signs in the community for everyone's safety!
Thank you!

School Board

(Continued from page 13)

very small increase is likely the result of an anticipated increase in ratables in the township of \$254.6 million. Voters will also be asked to select three of six candidates to serve on the Board for the next three years.

This election is costing the district \$100,000 since the Board anticipated back in the fall of 2023 that the new budget would need to exceed the 2% cap increase in its operating budget. In past years, there was no need for the added cost of such a referendum since the budget was always within the 2% limit and Board members were selected as part of the general election. Election of Board members normally has occurred in November when the General Election is held but the Board voted to extend the term length of its members to April of each year. Ms. Skurbe will be seeking re-

election and is teamed with Matt Gorham and Raghu Chituri to fill seats vacated by Belko and Bierman. Mr. Gorham is a former teacher in the Monroe schools and was appointed by the Board to fill the seat vacated by Karen Bierman when she resigned back in the fall. His appointment was controversial since the selection was made during a closed session and not through an interview process conducted in public; his selection was not a unanimous decision of the ten-member Board. Their opponents will be Peter Piro, Ushma Sharma, and Charles Zeichner. Mr. Piro, a frequent critic of President Skurbe, was formerly the head of security for the schools after retiring from the Monroe Police force.

This report has not been written at the request of the Board but by a private citizen who served on the Board from 2013 through 2015.

Regency Defibrillators - Do You Know Where They Are?

The Clubhouse is equipped with four (4) AED's - the locations are as follows;

- Ballroom 2 - by the second set of doors
- Indoor Pool
- Fitness Studio
- Gym

The Tennis Pavilion and courts each have an AED - There is one (1) located in the Tennis Pavilion on the wall by the kitchen. The other is located on the walkway between the middle courts.

We also have one (1) at the outdoor pool and one (1) at the pickleball courts.

Regency Recycling Rules

For questions or concerns regarding recycling at Regency, please reach out to Republic at 732-545-8988.

Republic Services, our recycling company states that the following should be placed in the all-in-one recycling container.

- Paper – any paper, newspaper, junk mail, etc., as long as it is not contaminated with foodstuff.
- Used tissues, napkins and paper towels should be put in the trash.
- Cardboard – In addition to corrugated cardboard boxes, this includes the cardboard tubes from toilet paper and paper towels, cereal boxes, pasta boxes, tissue boxes (with any plastic removed), etc.
- Plastic – All recyclable plastic bottles and containers with numbers ONE through TWO. The types not allowed are plastic bags, even though many of them now have recycling symbols.
- Cans – This includes all metal cans including soda cans, soup cans, etc.
- Glass – All bottles and jars, of any color.

All the above types of containers should be rinsed out before you recycle them.

For items other than what goes in the recycling bins, you may contact the Department of Public Works on Gravel Hill Road.

The Monroe Township Chorus Presents "Live, Laugh, Love"

Under the direction of Sheila Werfel, Director, and David Schlossberg, Music Director, this performance will take place on Sunday May 19. Doors will open at 1:30 p.m. and the concert will begin at 2 p.m. at the Monroe Township Senior Center, 12 Halsey Reed Road, Monroe Township. Mark your calendar and join us for a most entertaining, enjoyable afternoon of music and fun. Admission is \$10 per person at the door and there is no cost for children through High School age. For more information contact Sheila Werfel, Director at 609 619-3229.

CLASSIFIED AD COUPON

Ads must be received by the 14th of the month preceding publication month.

MAIL TO:
Princeton Editorial Services
P.O. Box 70
Millstone Twp., NJ 08510
RATES FOR ONE PUBLICATION
\$14 for 10 words, 50 cents each additional word

Multiple: 10 words in two publications = \$14 x 2 = \$28.
10 words in three publications = \$14 x 3 = \$42.

- Check those that apply:
- Clearbrook Courier Concordian
 - Encore Speaks GW Voice
 - Regency Reporter
 - Renaissance Reflections
 - The Rossmoor News
 - Check here for all seven

All ads must be mailed with payment.
No classifieds accepted by phone or email.

- Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
- State category/heading, i.e., "For Rent", "For Sale", "Help Wanted." No charge for the heading.
- One check or money order must accompany insert, PAYABLE TO PRINCETON EDITORIAL SERVICES

WOMEN KNOW



Saint Peter's University Hospital is honored to have been chosen for not just one, but seven 2024 Women's Choice Awards for Best Hospitals in these categories:

- Breast Care
- Cancer Care
- Mammogram Imaging
- Minimally Invasive Surgery
- Obstetrics
- Stroke Care
- Women's Services

We're proud to deliver excellence in care for women...and for everyone.
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